

Sources of Strength Training For Trainers



Building a Community of Strength, Together

June 23-26, 2025 | IN PERSON | 8:00-4:00

Sources of Strength is a best practice youth mental health promotion and suicide prevention program designed to harness the power of peer social networks to create healthy norms and culture, ultimately working to prevent suicide, violence, bullying, and substance use and misuse. One of the goals of Sources of Strength is to build and develop communities of strength. At the conclusion of our time together you will be a Provisional Trainer, the first step in becoming a Local Trainer, allowing you to begin to co-train in your school community where you can support collective strength building by increasing wellbeing, help-seeking, and resiliency.

Details

- At the conclusion of our time together, you will be equipped with the skills needed to be provisionally trained, which will allow you to begin co-training in your local community.
- Hosted at the CESA 6 Conference Center
2300 WI 44
Oshkosh, WI. 54904
- Snacks, lunch, and beverages included
- Training will be led by National Sources of Strength Trainers with local support
- \$1,500 (a 50% discount from National Sources of Strength training events)

Hope, Help, and Strength.



Who Should Attend?

- Middle School and High School Staff, Adult Advisors, Sources of Strength Champions, Those Interested In Empowering Youth
- Primary Coordinators for Sources of Strength

Register FREE here!



920-236-0510
solutions@cesa6.org
cesa6.org/sel

**Join us for 4 days of
transformational learning!**